

A Parent's Guide to Understanding Our Approach

💡 What is Trauma Perceived Practice?

Trauma Perceived Practice (TPP) is an approach we use in school to help children feel safe, supported, and understood, especially if they have experienced difficult or traumatic events.

It is based on the understanding that trauma can affect a child's:

Emotions
Behaviour
Relationships
Ability to learn

Our goal is to provide a calm, caring environment where all children can thrive, no matter what challenges they may have faced.

What is trauma?

Trauma is not just about extreme events. It can include:

Bereavement or loss
Domestic violence
Abuse or neglect
Parental separation
Illness or hospitalization
Living in care
War or displacement

Our Key Principles

At the heart of TPP are the values of:

Safety – Physical and emotional safety comes first

Connection – Building trusting relationships with children

Understanding – Seeing behaviour as communication

Compassion – Responding with empathy, not judgment

Consistency – Providing structure and predictability

Empowerment – Helping children build resilience and self-worth

Every child needs at least one adult who is irrationally crazy about them.” – Urie Bronfenbrenner

Leverton Primary School

TPP – Trauma Perceived Practice

**Compassion and Kindness
Hope
Connection and Belonging**



What This Looks Like in School

In our trauma-informed setting, you may notice:

A calm, nurturing tone from staff

Safe spaces for children to regulate emotions

Flexible responses to behaviour


Mindfulness and emotional literacy activities


Restorative conversations rather than punishments

Supportive transitions during the school day


Staff trained in trauma awareness and attachment theory


How You Can Support Your Child at Home


 Listen and reassure – let them know it's okay to feel




 Keep routines predictable – this builds a sense of safety

 Be patient – healing takes time

 Work with us – share relevant information confidentially

 Talk about emotions – help your child name and understand their feelings

 Ask for help – you are not alone

-  **Frequently Asked Questions**
- Q: Will my child be treated differently?
- ☐ No child is singled out. Our trauma-informed approach benefits all pupils by creating a safe and nurturing environment.
- Q: Does my child have to talk about their trauma?
- ☐ No. We never force children to share their experiences. Support is provided based on their behaviour, needs, and well-being.
- Q: How do I know if my child has experienced trauma?
- ☐ Trauma isn't always visible. If you're unsure, or you notice changes in mood or behaviour, we can work with you to explore support options.
-  **Contact Us**
- If you'd like to talk more about our Trauma Perceived Practice or discuss your child's needs, please don't hesitate to reach out:
-  Lesley Mottram 01992 715885]
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